



September 2019

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## ST. JOHN'S COLLEGE SCHOOL UNIFORM

t St. John's College we intentionally create an environment which is based around Gospel values and which holds each person with dignity and respect. Our policies regarding the school uniform and modest dress help foster this environment. It is also true that people give the most energy and care to the areas of their life which are important to them. When one takes pride in what they wear, and at St. John's College that is the uniform, it says that they are proud to be here. Modest dress and the school uniform are issues in which we place our energy.

Modest as defined by the Houghton Mifflin Canadian Dictionary is the conduct of "*Having a regard for decencies of behaviour or dress.*" Modest dress is the call to self-respect and leads to the development of good social relationships. It has been the norm since at least the beginning of Judaism and definitely since Christianity. St. Paul, when he wrote to the people of Corinth, called them to realize the dignity of their bodies. "Do you not know that you are God's temple and the God's Spirit dwells in you? If anyone destroys God's temple, God will destroy that person. For God's temple is holy, and you are that temple." (I Cor 3:16-17) When Paul wrote to Timothy he called upon the people to live in a way which reflected Christ. Both sexes need to be aware of modesty. To display one's body as an object of sexual desire, or to make oneself into a sexual object and not a whole person is being immodest and indecent and does not reflect Christ. The Christian challenge is to allow the image of Christ to shine forth from our actions and not be distracted by the desires of the flesh. When one dresses immodestly, they do not draw attention to the gift and presence of God in their lives. St. John's College is a school which desires to create an environment where learning is paramount and where we do not distract others by the way we look and act.

We understand the meaning of uniform to be the following: "a distinctive outfit intended to identify those who wear it as members of a specific group" (Houghton Mifflin Canadian Dictionary). In wearing the uniform one has a sense of identity. At this school it means that the student belongs to the tradition and community which is St. John's College. With this identity comes the values of education, dignity, and respect. One wishing to develop the values which we hold and the lifestyle we profess, means identifying with us. One of the major ways in which we accomplish this is in and through the uniform. It gives the sense of belonging and develops a sense of community. It also defines our role as students to wear the uniform with pride and to be proud of the place and the values they represent. To not wear it properly is to say that I do not want to be a part of the values and lifestyle in this community. Therefore, in short, it is to say that I do not wish to belong. Since Christian community is what we strive to create here at St. John's College we need all who attend to become a part of its identity. Therefore we ask each student to adhere to the Uniform Policy.

#### **OUR GOVERNING PRINCIPLES**

WE BELIEVE that the human person reflects the Image of God. WE BELIEVE that each person is called to be a steward of God's Creation. WE BELIEVE that the care of the body affects the formation of the soul. WE THEREFORE AFFIRM THAT:

- Acknowledging and striving to model these principles is the goal of all members of the St. John's College community.
- Wearing the St. John's College uniform is an outward participation in nurturing the transformation of the inner person.
- Joining the Catholic educational community of St. John's College means that students and their families take up this challenge of stewardship.

## GUIDELINES FOR WEARING THE SCHOOL UNIFORM

In School = In uniform!...

The school uniform is intended to develop a sense of pride and self-discipline. It also unites us as a Catholic Learning Community.

McCarthy Uniforms Inc. is our official uniform supplier. In making the decision to attend St. John's College, students and parents have made a commitment to comply with, and support, the school uniform policy.

#### ALL UNIFORM ITEMS ARE TO BE PURCHASED FROM MCCARTHY UNIFORMS INC.

Hamilton Showroom 125 Nebo Road Hours of Operation Sunday, Monday & Thursday: Closed Tuesday & Wednesday: 10 am - 6pm Friday & Saturday: 10 am - 6 pm

# **MANDATORY #I UNIFORM DRESS**

### FOR BOYS:

- Pants or shorts
- Dress Shirt (long or short sleeved)
- V-Neck Vest
- Tie
- Solid Black Belt
- Solid Black Shoes (leather or suede)
- Item of warmth

\*Sandals must be solid black or dark chocolate brown. Flip-flops, thong sandals, beach shoes, water shoes, or athletic sandals are NOT permitted.

### FOR GIRLS:

- Kilt\* or Pants or Shorts (Kilt is optional)
   \*(If you purchase a kilt you must also own a pair of pants.)
- Dress Shirt (long or short sleeved)
- V-Neck Vest
- Tie
- Black Belt
- Solid Black Shoes (leather or suede)
- Item of warmth

\*Sandals must be solid black or dark chocolate brown. Flip-flops, thong sandals, beach shoes, water shoes, or athletic sandals are NOT permitted.

PHYS. ED.:

- SJC T-Shirt
- SJC Shorts

### SCHOOL UNIFORM / DRESS CODE

#### In School = In uniform!...Including Lunch Hour

Each student has the responsibility to be in complete school uniform at all times during the school day (8:50 a.m. to dismissal). Any student who cannot get into proper uniform will not be permitted into class. Administrative approval will be required for re-admittance only once parent/guardian has been contacted.

UNIFORM PARTS		HOW TO WEAR IT
*DRESS SHIRTS	White long sleeved ( <b>OR</b> ) white short sleeved	<ul> <li>only plain white short sleeved T-shirts are to be worn under all white SJC tops</li> <li>no layering</li> <li>must be buttoned modestly</li> </ul>
*DRESS SHIRTS	female styling	<ul> <li>only plain white short sleeved T-shirts are to be worn under all white SJC tops</li> <li>dress shirts, button down collars must be buttoned modestly</li> <li>no layering</li> </ul>
*GOLF SHIRTS	white polo short sleeved black polo short or long	<ul> <li>only plain white short sleeved T-shirts are to worn under all white SJC tops</li> <li>worn over a plain white T-shirt</li> <li>worn with plain white short sleeved</li> </ul>
	sleeved	T-shirt or black short sleeved t-shirt
*RUGBY SHIRTS	long sleeved short sleeved	<ul> <li>may be worn over white T-shirt</li> <li>may only be worn with plain white or black short sleeved T- shirt under all SJC tops</li> </ul>
*OTHER ITEMS No non-uniform item will be worn over the uniform in the school building, classrooms, or portables. (Spirit wear items do not qualify as	v-neck vest (green) green cardigan	<ul> <li>must be worn only over white uniform dress shirt</li> <li>must be worn with uniform shirt</li> <li>can NOT be worn with #1 dress uniform</li> </ul>
<ul> <li>school uniform.)</li> <li>Non-uniform items will be taken if worn in class-rooms.</li> <li>All items are not to be worn too tight, too short or too large. Administration has the right to ask students not to wear items that are considered either too small, too large, or inappropriate.</li> </ul>	sweatshirt zip-up jacket	- may be worn over white uniform dress shirt, or black polo uniform shirt
Pants must be worn at the waist.		
FOOTWEAR Not to be changed during the school day, if a student chooses to do so the shoes will be confiscated.	solid black shoes	must be worn at all times while in school any trim visible, must be solid black
	sandals - solid black or dark chocolate brown	<ul> <li>must not be a flip-flop, thong sandals, beach shoes, water shoe, or athletic sandals, eg. Reebok, Nike beach sandal type</li> <li>NO FLAT THONG SANDALS under the discretion of the Administrator</li> </ul>
	Boots – Solid black	<ul> <li>are only to be worn with pants</li> <li>pants are not to be tucked into boots.</li> </ul>

with pants	<ul> <li>no coloured socks other than white, or black</li> <li>no layering socks</li> </ul>
with shorts	- white or black socks may be worn with shorts.
With kilts and with jumpers	<ul> <li>white or black socks</li> <li>white, beige or black nylons or tights (with feet)</li> </ul>
Unisex / grey	<ul> <li>must be hemmed and in good repair</li> <li>must be worn with belt</li> <li>must be worn at the waist and no underwear is to show</li> <li>not rolled or altered in any way.</li> </ul>
grey	<ul> <li>must be hemmed and in good repair</li> <li>must be worn at the waist and no underwear is to show</li> <li>must not be worn too "tight"</li> <li>not rolled or altered in any way.</li> </ul>
	<ul> <li>length is to be no more than 2" above the knee</li> <li>not to be rolled</li> <li>not to be worn too tight</li> <li>If kilts/jumpers continue to be worn improperly, tights will become mandatory or kilts/jumpers will be removed from the uniform.</li> </ul>
grey (must be worn over a SJC uniform shirt)	<ul> <li>must be no more than 2" above the knee</li> <li>not to be worn tightly</li> </ul>
black only	<ul> <li>knee length</li> <li>is not to be shortened or rolled up</li> <li>can be worn with #1 dress.</li> <li>SJC logo must be visible</li> </ul>
black	<ul> <li>not to be adjusted or shortened or rolled up</li> <li>SJC logo must be visible</li> </ul>
black only	<ul> <li>is not to be shortened or rolled up</li> <li>can be worn with #1 dress</li> <li>SJC logo must be visible</li> </ul>
solid black – no lettering or studs	- to be worn at the waist
uniform tie	<ul> <li>only school ties are permitted</li> <li>ties will be worn properly all day</li> </ul>
T-shirt (grey or white)	- mandatory wear
black shorts or green shorts	- mandatory wear
	with shorts With kilts and with jumpers Unisex / grey grey grey grey (must be worn over a SJC uniform shirt) black only black only black only black only black only c studs uniform tie

\* These items must be purchased from the uniform provider. Do NOT purchase these items from any other store as these items will not be accepted as uniform.

\* ONLY ITEMS AVAILABLE FROM OUR UNIFORM PROVIDER WILL BE ACCEPTED AS UNIFORM.

- No uniform item is to be ripped, frayed, or modified.
- Hats are not to be worn in school from the time of entry. In addition, they must be kept in the locker. <u>They are NOT to be carried around all</u> <u>day</u>. No bandanas, sunglasses or other head wear are allowed during the school day.

Spirit Wear is NOT considered part of the daily uniform.



## DRESS CODE GUIDELINES FOR NON-UNIFORM SCHOOL EVENTS

Dress must be clean, modest, and appropriate. Our school is air-conditioned for your comfort. We encourage students to treat the school setting as their place of work and thus choose appropriate clothing. It is important that you recognize our school as a place of learning. Respecting the intention of our Code of Human Relations, we commit ourselves to wearing clothing that does not diminish our personal dignity by bringing inappropriate attention to our bodies.

We want to be very clear on the following:

- Clothing with inappropriate logos, sayings, or pictures are NOT acceptable at school. Your clothing should not promote any products or beliefs that are prohibited by our Code of Human Relations, and the values of our faith: eg. Clothing which condones sex, drugs, alcohol, violence, or racism.
- Tank tops, halter tops, tops with spaghetti straps, crop/midriff tops, backless tops, tube tops, one shoulder tops, cut-off shorts and torn jeans are NOT to be worn at school.
- No bare midriffs or bare shoulders.
- Shorts and skirts **must** be worn at a modest length.
- Jeans / pants that ride low are NOT permitted if the top worn does not completely cover the belly area.
- Underwear, this includes any clothing known to be underwear, is NOT to be visible. This includes bras / sport bras / thong underwear.
- Hats are not allowed in the building or portables even on Dress Down Days.
- This policy is in effect for school dances, school trips, and dress down days. You will be asked to change or leave the building if you do not respect the rules indicated above.
- While Prom and Semi-formal are considered special events, we remind you to be modest in the selection of a dress or outfit.

#### Note:

If you decide to ignore these guidelines you will:

(a) be sent home to change (b) be removed from the event

(c) lose Dress Down Day privileges (d) wear a sweater, shirt, or T-shirt provided by the school (e) be suspended

### **SPIRIT WEAR REGULATIONS**

\*Spirit Wear is NOT considered part of the daily school uniform.

On Spirit Wear Days, students can wear any part of a school team or club clothing pieces. Wearing white or green pieces of clothing which are not spirit wear is not acceptable. You may choose from the following:

 If you are only wearing a spirit wear top you must wear uniform pant, kilt, shorts and footwear as described in the uniform policy

N.B. Jerseys only can be worn from the following SJC sports teams: football, hockey, baseball and rugby.